



Keeping in touch

Daughters of Our Lady of the Sacred Heart
OVERSEAS AID INCORPORATED

MAY 2022

SOUTH SUDAN

Care for the Poor through Emergency Rations & Rebuilding of houses

Supplementary food rations are distributed weekly to elderly ladies who come to the OLSH compound to receive rations. The coming together also provides social support, friendship and assists us in exchanging news on health, security and other issues.

Food rations are also delivered to around 40 elderly ladies who can no longer make their way to the OLSH compound.

A motor bike was purchased a couple of years ago for the purpose of distribution and outreach. At times, the motor bike was used to bring patients to and from the hospital.

We are supporting approximately another 55 other fragile, mentally and psychologically unwell, poor, widowed, lame, and deserted people, who are no longer able to produce sufficient food to survive. They go to local restaurants where they receive a generous serving of food once per day for 350ssp (87 cents US) for each food service.



Care for the Poor Supported through Emergency Rations



House Repairs to Tukul affected by
Torrential Rains/Flooding

In October and November torrential rain and flood greatly affected Panamat; home to those affected by leprosy. Many of the houses remained in water almost one metre deep due to the flooding. The mud block walls dissolved and crumbled, and we are still in the process of rebuilding their houses.

Sr Rita Grunke

Gifts of \$2 or more
are tax deductible



PHILIPPINES

Matang Tubig Community

COVID-19 has taken a heavy toll on the livelihoods of the people in the community. The Daughters of Our Lady of the Sacred Heart reached out to every family in Matang Tubig to provide help during this time. They donated food supplies, vitamins for children and sanitation kits.

The Sisters also continue to keep in touch with the scholars in Matang Tubig and monitor their situation. With the cooperation of the Matang Tubig scholars and DOLSH Coordinator, Tess Fredeluces, we were able to distribute over 200 food packs to the families in need. As each family received the relief goods, overflowing gratitude was expressed towards the Sisters & the benefactors of OLSH Overseas Aid.

Center of Hope (DOLSH Tutorial Project)

It has been more than 15 years since the Sisters started the free tutorial sessions for primary students in Matang Tubig community. After all the safety protocols were implemented, the scholars and Sisters decided to resume the tutorial sessions for primary students. However, priority has been given to students who are struggling in studying and accomplishing their modules due to social distancing requirements.



Give Love on Christmas Day



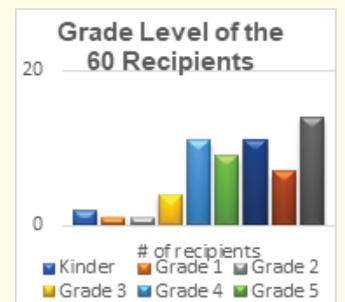
Gift packs were handed to almost 100 children in Matang Tubig before Christmas. The gift packs included snacks, sanitation kits and vitamins. Despite the COVID-19 pandemic, the children were able to celebrate Christmas even in a simple way. The Sisters also gave some encouragement to the children to let them know that God is always present.

“On behalf of the Scholars and Coordinator of Matang Tubig, we would like to express our deepest gratitude to The Daughters of the Sacred Heart and all the people who continue to give help to the Matang Tubig Community. “

The above articles were contributed by Scholars of Matang Tubig.

OLSH OAF Ignites Hope Amidst Pandemic

“Adopt-A-Scholar” was established in 2014 with only 7 children. Each month, they were receiving monetary support. This number has continued to increase over the years to 60 in 2019-2020. These children are from our adopted community in Purok Ube, Gun-ob, Lapu-lapu City. Previous funding came from the students, parents, faculty and staff from St Alphonsus Catholic School in Cebu, Philippines. Unfortunately, the distance learning education made it impossible to raise the needed funds for the project. Hence for the past 2 years, we have applied for and received funding from Overseas Aid Fund.



After Grade 12, with God’s grace, we hope that the children find a well-paying job. We pray that this ongoing project will ignite a long-term positive effect in the lives of these students and their families.

Our heartfelt thanks and gratitude to OLSH Overseas Aid Fund! We are also very grateful to the camaraderie and generosity of the grade school faculty members, and non-teaching personnel, who unselfishly shared their material resources and time.

Sr Luisita Carreon, FDNSC

SOUTH AFRICA

OLSH Outreach Nzhelele

The OLSH Outreach Nzhelele has eleven staff members looking after 150 families in their homes.

The COVID-19 Pandemic lockdown has been a challenge, however the whole team took the opportunity to provide information needed regarding necessary protocols such as sanitising, wearing masks, social distancing and encouraging locals to get vaccinations during their monthly visits.

The team visits the families to deliver food parcels and provide school uniforms and materials to children attending school. They also organise events, workshops and community activities to educate the children and their guardians about health and nutrition, and at times provide some moral support. All these helped developed a bond with the families, health workers and school staff.

It has always been a great challenge for the maintenance team to manage the gardens, toilets and fences but they undertake these tasks with hard work and dedication.

There are also challenges encountered with some children who are living in fragile situations such as families with a child as head of the household. These are all outlined and discussed by the team members. Employees also meet monthly to reflect and share experiences and the encounters they and the guardians of the children face.

Sr Rotee Uriam



Sister Rotee visiting OVC* and Guardians and Delivering Food Parcels



Some of the Children who benefitted from this project with their Carer and Sr Rotee



Celebration of HIV/AIDS Day with Food Parcels



Harvesting Vegetables for OVC Food Parcels

*Orphans and Vulnerable Children

KIRIBATI

Renovation of Immaculate Heart College Dining Room

Immaculate Heart College (IHC), established in 1955, is a Diocesan Catholic Secondary School and the only girls' secondary school in the country. In 2016, Bishop Paul Mea gave the OLSH Sisters full responsibility of running the school.

This is the original dining room when the school first started. The tables and chairs were all rotten and in great need of maintenance work. There were hardly any tables in the dining room which is also used as a classroom.

The funding received from Overseas Aid provided enough tables and seats for 390 students to eat comfortably. It has helped us tremendously to improve the standard of living for these poor students of IHC. The funding has made a huge difference because students no longer have to sit or lie on the cement floor; instead they are using these new tables and seats.

Sr Kateia Teanako



Would you like to make a bequest in your Will to OLSH Overseas Aid Fund?

Two possible ways you can make a significant difference to the lives of people in need in the areas where the Sisters work:

- By including the work of the Fund in your will. We would gladly advise your solicitor of the specific terms of the bequest. Alternatively, Michael O'Dea AM of Carroll & O'Dea Lawyers would be happy to advise you at no cost. He may be contacted directly on (02) 9291 7104.
- By requesting mourners at your loved one's funeral to donate to the OLSH Overseas Aid Fund in lieu of flowers.

If you wish, donations can be made online through the OLSH Australia website

www.olshaustralia.org.au/overseasaid

or through this link:

<https://secure.donman.net.au/client/olsh/donate.aspx>

Donations of \$2 or more are tax- deductible.

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