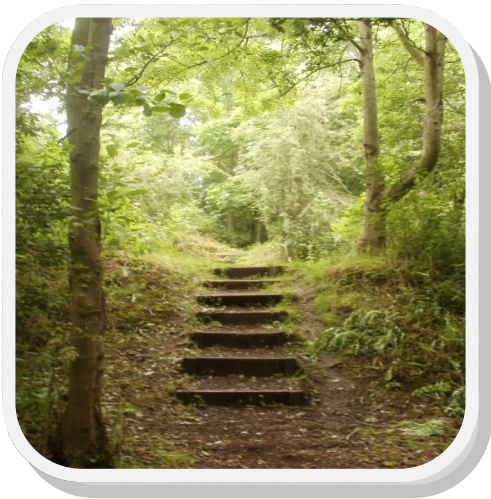


*The Spirit is sometimes the quietest voice,
A weekend retreat assists in this voice being
heard.*



Where:

St Mary's Towers Douglas Park / 415 Douglas Park Drive
Douglas Park NSW 2569.

Cost for the weekend \$90

Contact:

Fr Peter Hendriks msc 0408 299 170

Sr Philippa Murphy olsh 0415 727 904



Discern a direction for LIFE

It's your call



Finding God in the Stillness

What's a Life For

More than ever young people are discerning direction for their life. For some it is the question, "Where is God calling me?" for others, "What is my heart's desire, its deepest desire?", "Where can I find true meaning in my life?", "What journey will enable me to love the best way I can?"

This genuine search is not for a comfortable lifestyle, but a life fulfilled by living Jesus' greatest command, to love God and to love my neighbour as myself.

This year we will be having combined Discernment Retreats for men and women. They will be conducted by the Missionaries of the Sacred Heart (MSC) and the Daughters of Our Lady of the Sacred Heart (OLSH). These retreats have been running for nearly 10 years and during that time some have discerned they are called to diocesan priesthood, others to married life, others have joined Religious Orders. What is your life for?



Life's Direction—Prayer

'Where and when God finds you ready, he must act and overflow into you, just as when the air is clear and pure, the sun must overflow into it and cannot refrain from doing that.'

Meister Eckhart

In the busyness of our everyday lives this retreat calls us to come away for a while and enter into a time of stillness. This residential retreat is meant for those who are beginning on their prayer journey and who want to experience different forms of prayer to help them experience God's presence in their everyday life. Or for those have prayed and want to get back to the basics of prayer. The days will be spent in silence, and include various forms of prayer such as meditation, walking a labyrinth, journaling and other contemplative practices.



Dates

February 2016 - Friday 26th - Sunday 28th

Life's Direction - prayer

June 2016 – Friday 10th June – Sunday 12th

What's A Life For

September 2016 – Friday 2nd – Sunday 4th

What's A Life For

November 2016 – Friday 11th – Sunday 13th

Life's Direction - prayer

